

# *Thirty-third Sunday in Ordinary Time*

***We are called to live a life of faithfulness to the Lord until the end, no matter what!***

***The trials, difficulties, and challenges we may encounter along the way are occasions to give witness to our faith in Him. Don't let them be the reason to distance yourself away from the Lord.***

***Always remember, those who persevere and remain faithful will be rewarded with the glory and joy of heaven!***

*Fr. Rectorino*



# *Thirty-second Sunday in Ordinary Time*

*What will happen to a person when he/she dies?*

*God's desires life for all his children. He is God of the living not of the dead. He wants to continue to offer us life, eternal life with him. Let us embrace in our lives that offer of life and love – through our words, deeds and actions.*

*As to what exactly will happen after we die, or what is life beyond the grave, we may not know them exactly. Some remains a mystery. But we go on believing, hoping, and loving God and others.*

*Fr. Rectorino*



**Sacred Heart Cathedral**  
Roman Catholic Diocese of Prince George

# *Thirty-first Sunday in Ordinary Time*

*Jesus constantly calls us to a life of conversion.*

*When we decide to heed his call and welcome him in our homes and in our lives, something in us must change...*

*Now ask yourself: what has changed in me as I have come to know Jesus?*

*Fr. Rectorino*



# *Thirtieth Sunday in Ordinary Time*

*Our pride distances us from God and others. The prayer, 'God, be merciful to me, a sinner!' teaches us how we should approach God.*

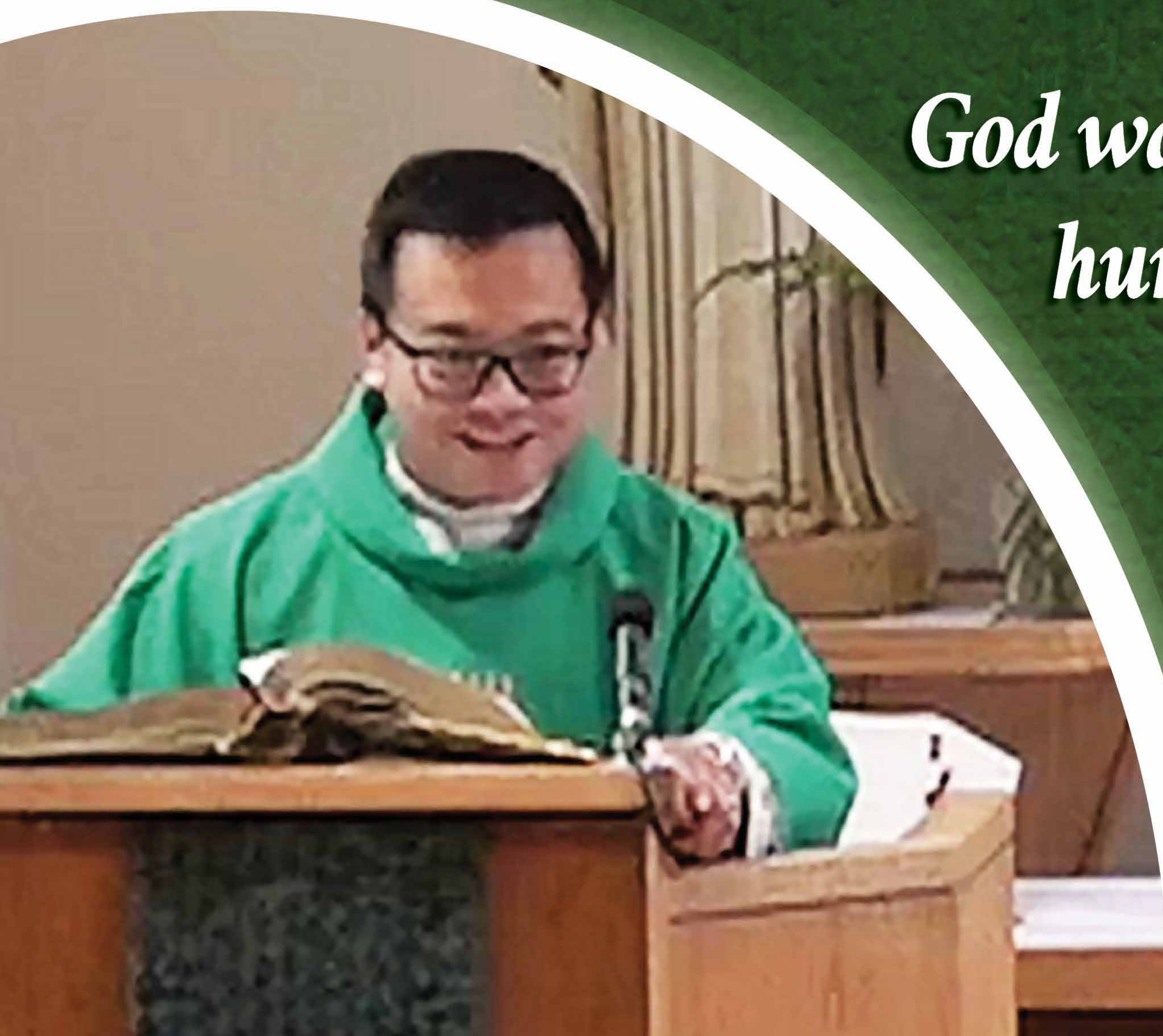
*The tax collector knows he has absolutely nothing but his sins; and yet he did not run away from God; he ran to God, and in humility beg God's mercy.*

*God wants to give us his mercy. In humility, let us receive it. Let's set aside time to approach Him in the confessional.*

*Fr. Rectorino*



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# *Twenty-ninth Sunday in Ordinary Time*

*When we pray, we express our concerns to God including our praises and thanksgiving (vocal prayer); we listen to His response (meditation); we spend time to be with Him (contemplation).*

*Just like when we are in love: we talk as often as we can with our beloved; we want to listen to the voice of our beloved; and we set aside time to be with our beloved.*

*We need to constantly fall in love with God so that we will always desire to spend time with him in prayer.*

*Fr. Rectorino*



# *Twenty-eight Sunday in Ordinary Time*

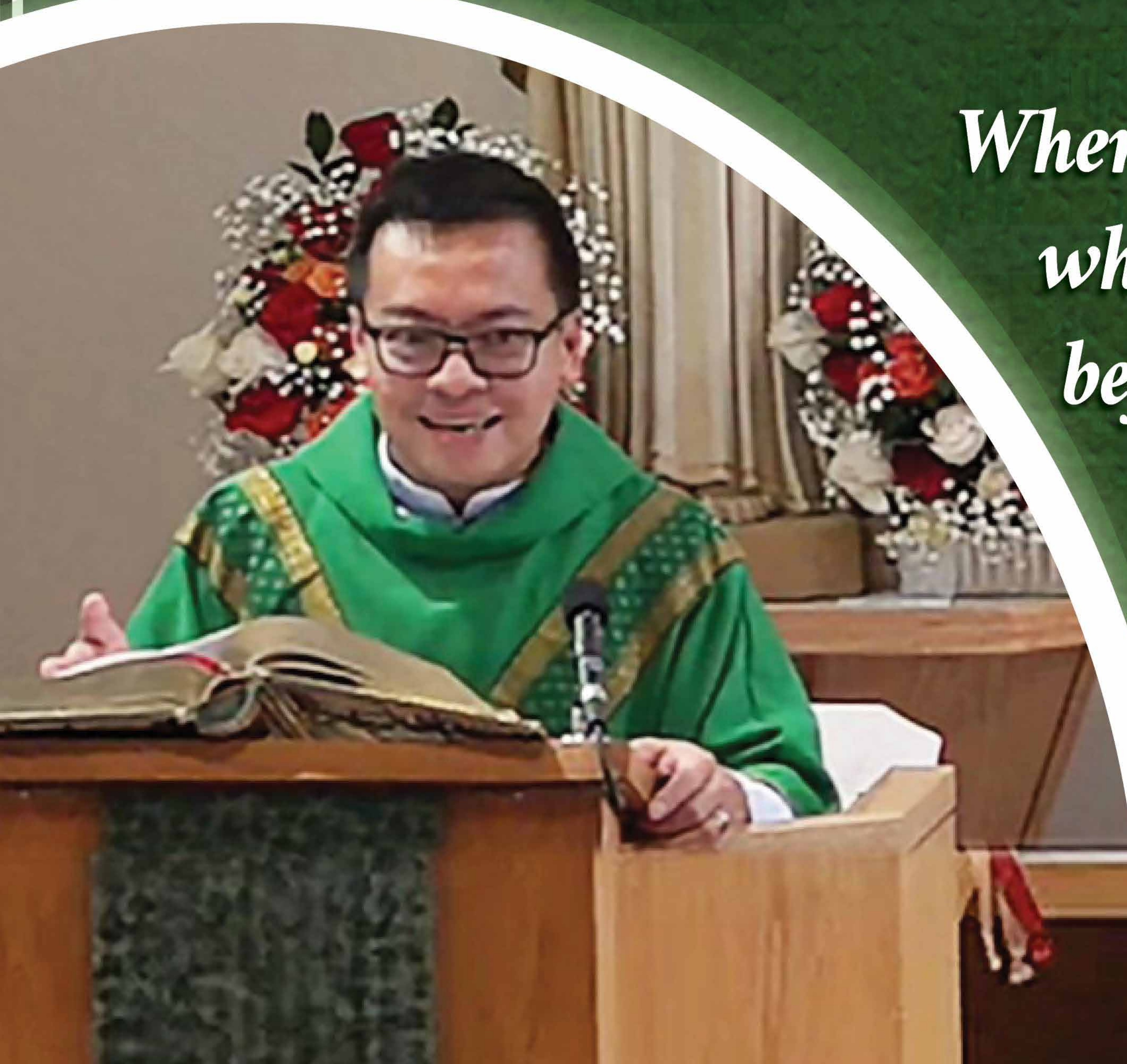
*The Samaritan who had been cured of leprosy showed us a great example of faith and gratitude. That is to say: a grateful heart that's alive with faith focuses attention on the goodness that God has done. A person of gratitude knows how to humble oneself before God, sincerely gives praise to Him and bows down in adoration.*

*When we come to Church, that's what we must do, kneel down before our Lord - praise him, thank him, adore him.*

*Fr. Rectorino*



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# *Twenty-seventh Sunday in Ordinary Time*

*When life seems so heavy and burdensome, in humility let us approach God in prayer and say, 'Increase our faith!'*

*Faith is God's gift to us. It is cultivated in prayer. We give witness to faith in our actions. It is genuine when it is express in our love and service to every creature of God.*

*Fr. Rectorino*



# *Twenty-sixth Sunday in Ordinary Time*

*The parable of the rich man and Lazarus is a wake-up call for us to use the resources that we have in reaching out to others in love; to be sensitive to the needs of those around us. It should also serve as a reminder that our actions here on earth have eternal consequences.*

*Let's pray that our life here on earth will lead us to eternal joy with God in heaven rather than to eternal separation.*

*Fr. Rectorino*



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# *Twenty-fifth Sunday in Ordinary Time*

*We are stewards of God's creation. It is for certain, there will be a time of accounting wherein we will be asked how have we taken care of those that were entrusted to us.*

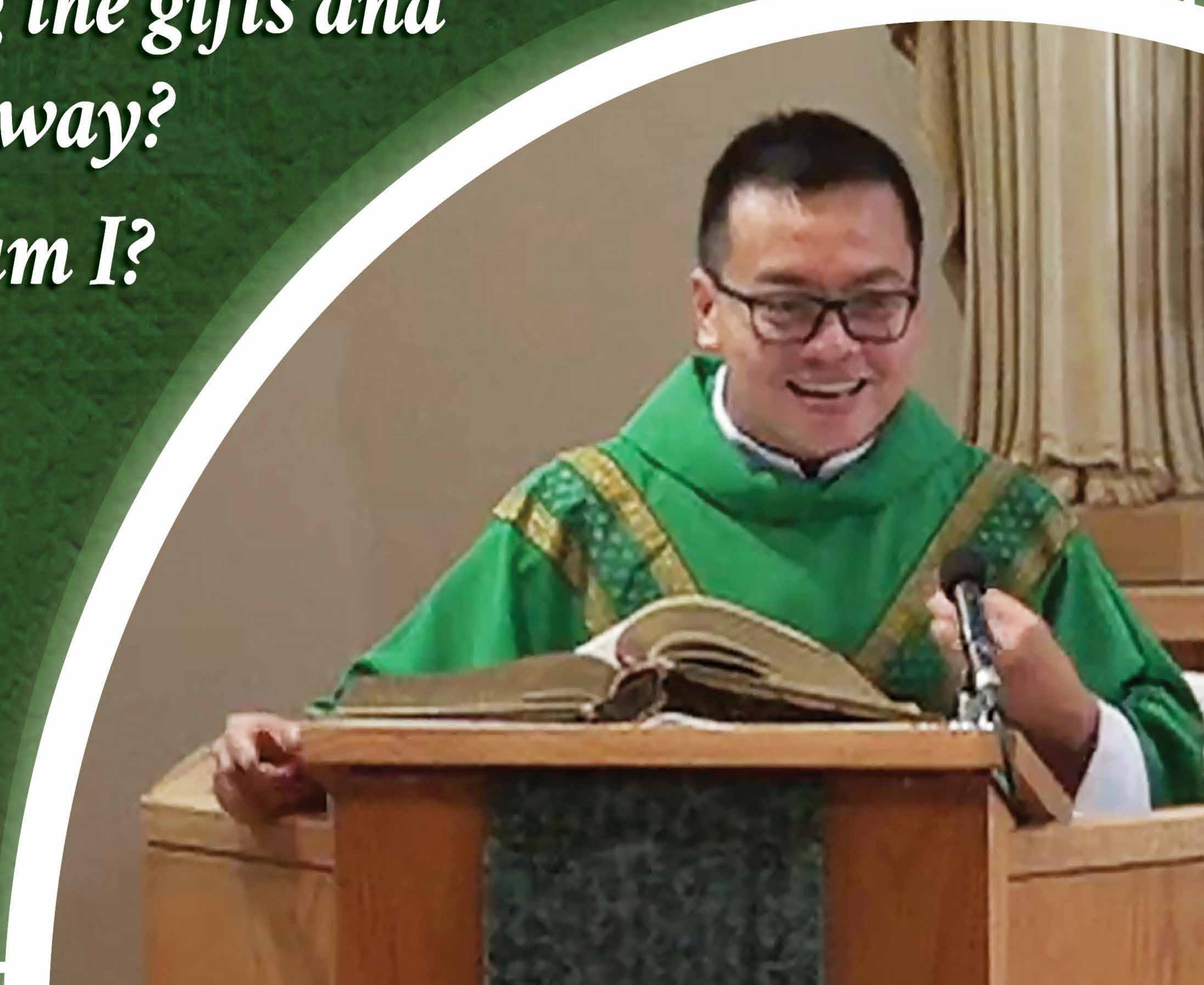
*Even now, let's ask ourselves:*

- Have I been a responsible or negligent caretaker?*
- How do I manifest being a trustworthy steward in my ways of handling the gifts and blessings that come my way?*
- What kind of steward am I?*
- Am I, a hoarder, or a generous giver?*

*Fr. Rectorino*



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# *Twenty-fourth Sunday in Ordinary Time*

*Jesus welcomes sinners and eats with them.  
He never cancels anyone!*

*He exerts time and effort to search those who are lost and  
patiently waits those who have run away from him.  
He gives them time and space to see for themselves what  
they have done. At the return of those who have  
run away and when the lost is found,  
He rejoices and celebrates.*

*This is God's mercy.  
Let us imitate him.*

*Fr. Rectorino*



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# *Twenty-second Sunday in Ordinary Time*

*People who know how to bow and kneel certainly practice humility. They know who they are before God, our Creator and before our fellow human beings. They live in humble and grateful recognition of God's blessings to them. They take the path of humility, a path that leads them to heaven.*



*Fr. Rectorino*



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# *Twenty-first Sunday in Ordinary Time*

*Our knowledge of God and his teachings requires a commitment on our part to be formed, transformed, and converted to the life consistent with the values of God's kingdom...*

*If we set our mind, heart and self that our goal is to reach eternal life in heaven, being generously offered to us by God, we will persevere to develop strength and discipline ourselves, so that our way of life will be in conformity with that goal.*

*Every endeavour without discipline will fail.*

*Fr. Rectorino*



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# *Twentieth Sunday in Ordinary Time*

*There is both price (cost) and prize (reward)  
in following Jesus, our Lord.*

*His words in the Gospel that he has come not to bring  
peace but division speaks of the unavoidable path that  
we must take, if we aspire to know his peace.*

*Let us embrace the works that  
Jesus performed, the work of  
his Cross, always striving to  
run the race toward him.*

*Fr. Rectorino*



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# *Nineteenth Sunday in Ordinary Time*

*God does not want us to live in fear. He invites us to a relationship with him rooted in faith and trust. He wants to give us his kingdom.*

*He tells us to accumulate not the things of this world rather those that are consistent to the values of heaven.*

*Let us not delay in doing good.*

*Let us always be ready,  
be prepared, and be dressed  
for action! Let us be  
Christ to one another!*

*Fr. Rectorino*



# *Eighteenth Sunday in Ordinary Time*

*Our life consists in more than wealth. Certainly, God wants us to be happy and enjoy life that he has given us. But we should never lose sight of God.*

*Let us be sharers of God's blessings, not hoarders. Let us live mindful that there is life beyond this earthly dwelling.*



*Fr. Rectorino*



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# *Seventeenth Sunday in Ordinary Time*

*The prayer that Jesus taught his disciples leads us:*

- to acknowledge the supremacy of God over us.*
- to appreciate God's providence and express our constant need of him.*
- to humble ourselves before God and imitate his mercy.*
- to seek His divine protection.*

*Fr. Rectorino*



# *Sixteenth Sunday in Ordinary Time*

*As Christians, we are called to practice hospitality.*

- To welcome the strangers...*
- To welcome God's Word and embrace it...*
- To welcome the sufferings that come along the way of following the Lord...*

*God, in the person of Jesus wants to come to us. Let us always open the door of our hearts to welcome him in whatever way he comes to us.*

*Fr. Rectorino*



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# *Fifteenth Sunday in Ordinary Time*

*The question 'how to inherit eternal life' should be the most important question that we ourselves need to ask God in our prayer.*

*The answer is one and the same and it never changes.*

*Our love of God should not be limited in our worship of him. It needs to find concrete expressions in our actions through loving our neighbor.*

*Fr. Rectorino*



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# *Fourteenth Sunday in Ordinary Time*

*The call and responsibility to proclaim the Kingdom of God involves all of us.*

*The nearness of God and his presence in the world should be experienced by others through our interaction with one another.*

*May our conduct truly communicate that reality.*



*Fr. Rectorino*



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# *Thirteenth Sunday in Ordinary Time*

*As Christians, there is nothing as important as the relationship we have with God because it is out of that relationship that we share all others. Its out of that relationship that everything else flows.*

*If we look at our respective lives, and there is one thing or two, in our way of life that is not consistent with our faith, then, we have a problem.*

*The invitation of Jesus, "Follow me" deserves a response that has a sense of urgency and consistency.*

*Fr. Rectorino*



# *Solemnity, The Most Holy Body and Blood of Christ*

“

*Our reception of the Eucharist is not an isolated event that we do for an hour; then it's disconnected from the other 167 hours of our week.*

*We are meant to be formed and transformed by the Eucharist that we received. It is the gift of Christ himself that we received, his life and love. We who received can then share that life and love with one another.*

*Fr. Rectorino*

”



# *Solemnity of the Most Holy Trinity*

“

*From the Book of Genesis,  
we know, we were created  
in the image and likeness  
of God. And so, we have the  
capacity to LOVE.*

*May our life of prayer and  
worship continue to help us  
relate with others in love,  
letting them experience  
God's love through us.*

*Fr. Rectorino*

”



# *Solemnity of Pentecost*



“

*According to Jesus the Holy Spirit will teach us everything and remind us of everything he had said.*

*In other words, we are supposed to be students willing to learn from the wisdom of our great teacher.*

*May we constantly allow the Holy Spirit to work in and through us.*

*Fr. Rectorino*

”

# *Solemnity, The Ascension of the Lord*

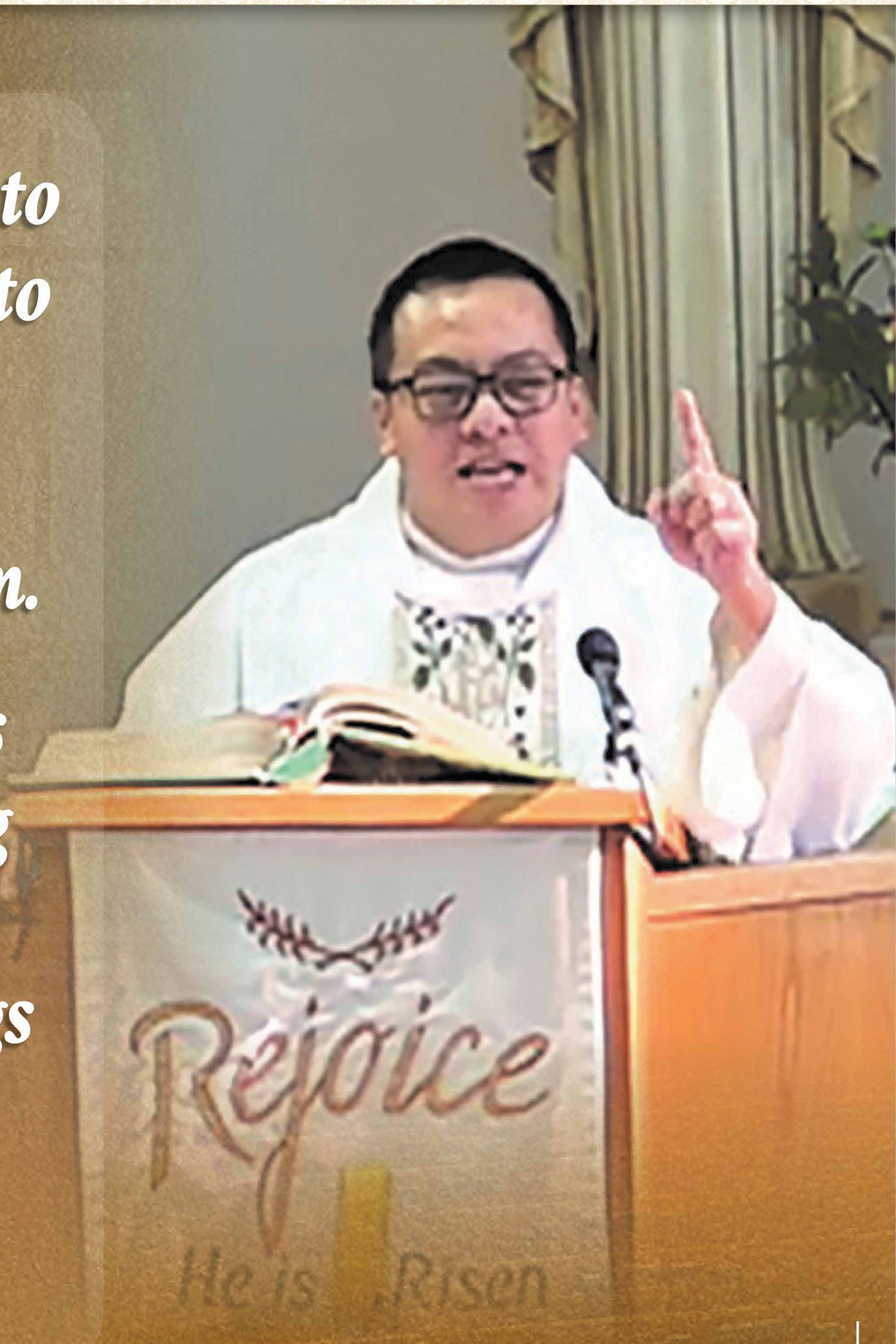
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*The Ascension of Jesus into heaven is another proof to us that heaven is real. God desires that we all reach the glory of heaven.*

*May our sharing in his mission and witnessing of the Gospel bring us together to our dwellings in heaven.*

*Fr. Rectorino*

”



# *Sixth Sunday of Easter*

“  
*Peace is found in our  
openness to God’s  
word. Let us make  
an effort to seriously  
take God’s word both  
as individuals and as  
a community of faith.  
May the Word of God  
truly influence our  
lives as Christians.*

*Fr. Rectorino*

”



# *Fifth Sunday of Easter*

“

*Love is both a command  
and a gift from our Lord.  
It is part of our identity  
as Christians.*

*And so, if we claim to be  
one of Jesus' followers,  
we must have the love  
of Jesus in us. We need  
to love like Jesus.*

*Fr. Rectorino*

”



# *Fourth Sunday of Easter*



“  
*O Jesus, the Good Shepherd, teach me to listen attentively to Your voice; let me surrender myself to You in humility; and guide me to follow your footsteps in all that I do.*

*Fr. Rectorino*

”



# *Fourth Sunday of Easter*



“  
*O Jesus, the Good Shepherd, teach me to listen attentively to Your voice; let me surrender myself to You in humility; and guide me to follow your footsteps in all that I do.*

*Fr. Rectorino*

”



# Third Sunday of Easter

“

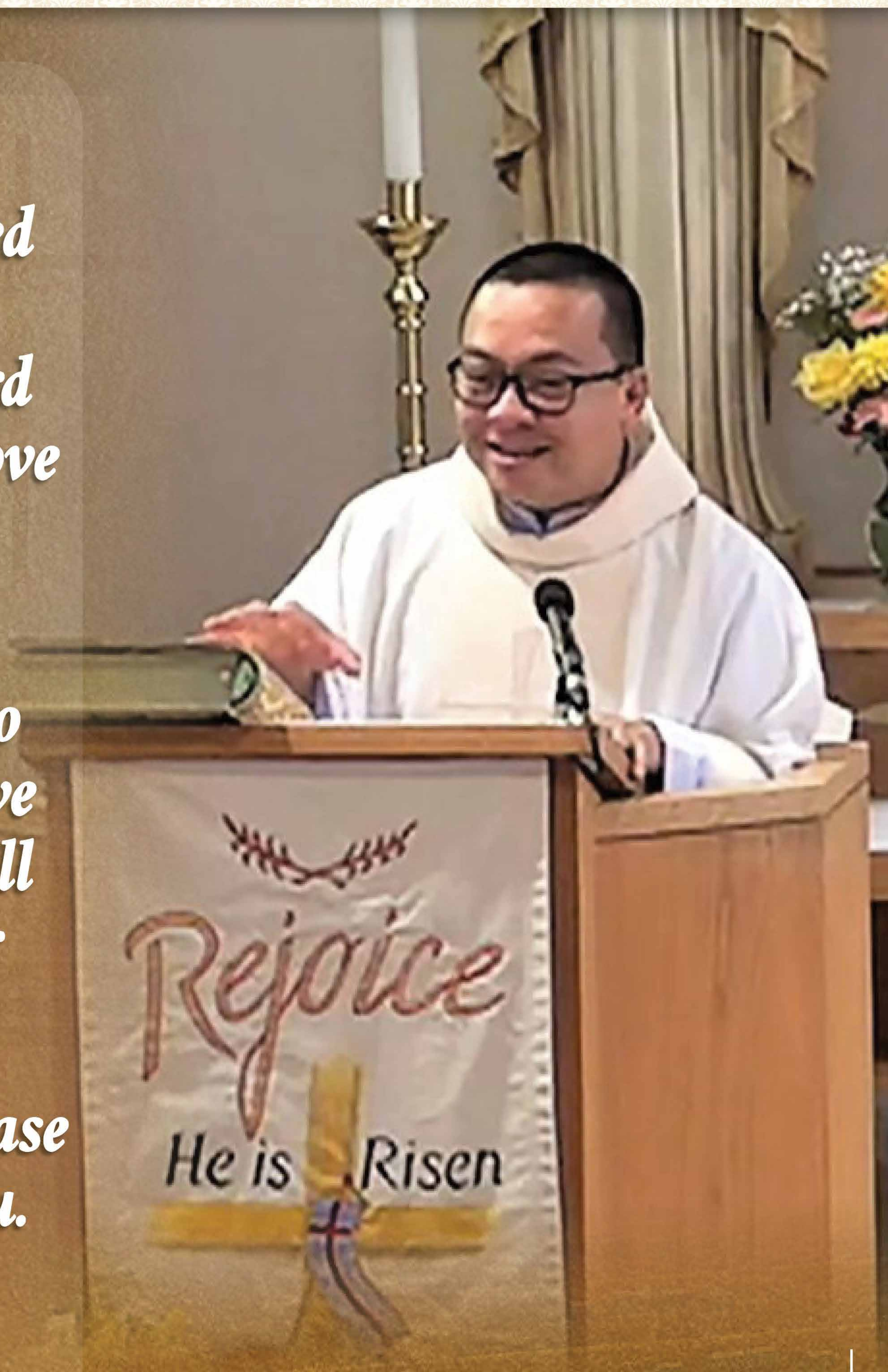
*Our Lord asked Simon Peter, “...do you love me?” He was asked three times; Peter responded, “yes Lord” three times. Our Lord tells Peter how to live out that love of him in the love and service of one another.*

*That dialogue is one that is also meant for every one of us. Do we love the Lord? Our response will dictate how you and I live our lives: Do we love the Lord?*

*Here is my response: Lord, increase my love. Help me to imitate you.*

*Fr. Rectorino*

”



# *Second Sunday of Easter (Divine Mercy Sunday)*



“

*The appearance of our risen Lord to his disciples greeting them with peace was beautiful and glorious moment. Our risen Lord did not give up on them; instead, he entrusted them with a mission once more... The disciples will continue to bring the message of forgiveness and reconciliation. They are to be instruments in dispensing God's mercy.*

*Like the early disciples, we too are recipients of God's peace and mercy. Let us be instruments of peace. Let us be mirrors of God's mercy to others.*

*Fr. Rectorino*

”



# *Easter Sunday of the Resurrection of the Lord*

“

*Today is a day of great joy!  
The Lord is risen! Alleluia, Alleluia*

*The stone had been removed from  
the tomb. Jesus dispelled the  
darkness of evil and death. He made  
all things new. He is victorious.*

*This is the truth that unites us on  
this sacred day. Let us announce  
to the world around us that Jesus is  
truly risen. May our life of witness  
be a real testimony to this truth!*

*Fr. Rectorino*

”



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# *Palm Sunday of the Passion of the Lord*



“  
*Today, we begin the Holy Week.  
Let us journey with Jesus  
towards his crucifixion not as  
observers but participants.*

*As participants, let the pain  
and sufferings that he endured  
transform us in humility,  
love and service.*

*Let us make a resolve to  
really make this week holy  
by our words, thoughts  
and actions that reflect our  
closeness with Jesus.*

*Fr. Rectorino*

”



# *Fifth Sunday of Lent*

“

*Jesus doesn't condemn us. He allows us to go on our way and instructs us not to sin again. He constantly offers us new life with him – not just life, but the fullness of life that brings us to eternal life. Let us receive it with faith, humility, and joy.*

*Fr. Rectorino*

”



# *Fourth Sunday of Lent*



“  
*This parable reveals the magnitude of God’s mercy to us. Through it, we know, we can return to God at any moment of our life’s journey. He waits patiently. When we return to him, he will run to meet us. He will embrace us with his peace.*

*Fr. Rectorino*



”

# *Third Sunday of Lent*

“

*God, who is rich in mercy constantly gives us time to repent, return to Him, and bear fruits.*

*He want us to experience that richness. He is patiently waiting. Let us not waste God's mercy.*

*Fr. Rectorino*

”



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# *Second Sunday of Lent*



“  
*The beautiful event of the Transfiguration of Jesus reminds us that the conversion that we are called to undergo is all worth it. Although it might involve difficulties and sacrifices along the way, however, the end is promising, we too, will have the glory of heaven.*

*Fr. Rectorino*



”

# *First Sunday of Lent*

“

*To every temptation,  
Jesus responded using  
the Scripture.*

*We too can resist  
the devil and all his  
enticements if we  
become deeply rooted  
in the Word of God and  
his teachings.*

*Fr. Rectorino*

”





# Ash Wednesday

“

*The ashes on our forehead meant to remind us that while we are good children of God, along our pilgrim way to heaven, we have been tempted, we fall into sin; and so the mark of ashes reminds us we are sinners in need of repentance so that God's forgiveness and mercy will be ours.*

*Fr. Rectorino*

”



# *Eighth Sunday in Ordinary Time*

*Good character and behavior are lifelong undertakings for us. Their fruits may take years to emerge. We must exercise patience with ourselves and with each other, knowing that God is the same with us.*

*Fr. Rectorino*



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# *Seventh Sunday in Ordinary Time*

*We are made in the image and likeness of God. Each of us is called to allow God to become alive in us... we are all bearers of the image of our Lord Jesus.*

*We are capable of loving and forgiving.*

*Fr. Rectorino*



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# *Sixth Sunday in Ordinary Time*

*A life of blessedness is not having a worry free life. Rather, it is a life having relationship with God. A life that even though may experience poverty of the riches of this world, yet having God alone is sufficient to experience real happiness, to be able to say,  
I am happy. I am joyful.  
I have God in my life.*

*Fr. Rectorino*



# *Fifth Sunday in Ordinary Time*


*There is an experience of plenty, abundance, richness when we trust God's word and surrender ourselves in His power. That is the beauty of following our Lord.*

*We can confidently trust that He will take care of us and our needs.*

*Fr. Rectorino*



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*In a truly holy family,  
all members are respected,  
cherish, nurtured, supported and  
united through the bond of love.  
Today's feast invites us to look at  
the holy family of Jesus, Mary and  
Joseph, for inspiration, example  
and encouragement. They were a  
model family... We will find that  
both Mary and Joseph work hard,  
help each other, understood and  
accepted each other as God's gift  
and they took good care of their  
son Jesus so that he might grow up  
not only in human knowledge but  
also as a child of God.*



# Misa sa Hating Gabi



**“**  
**Ito ang isang magandang bagay, pinanatili ni Jose ang katahimikan sa kanyang damdamin dahil palagi siyang nagtatanong bakit nangyari ito, hindi dapat, pero dahil iyon ang pinangyari, ipinahiwatig ng Diyos marahil kay Jose na ito ang pagkakataon na ang Diyos ay nag papahayag ng kanyang plano hindi lamang kung ano ang gusto natin kundi kung ano ang gusto ng Diyos para sa atin.**  
**”**

★★★★★ *Ikasiyam na Simbang Gabi* ★★★★★



“  
*Lahat tayo, sa patuloy na pagdaloy ng panahon, unti-unti nating may kailangang baguhin sa ating buhay upang sa gayon, patuloy tayong makabalik doon sa pagiging kawangis at pagiging anak ng Diyos. Ito ang ligayang nasasaad sa awit ng papuri ni Zacharias sa tuwing umagang ay pinapaalala sa atin. Kaya nga ang kaligtasan ng Panginoon, atin itong dapat may pasasalamat na tinatanggap araw-araw.*  
”

★★★★★ *Ikawalong Simbang Gabi* ★★★★★



“  
*Nawa, habang tayo ay lumalaki at nagkaka edad patuloy nating mabigyan ng magandang dignidad ang pangalan na ating dala-dala na ipinasa sa atin ng ating mga magulang. Maging patuloy sana tayong nagdadala ng karangalan sa ating angkan at hindi kahihiyang. Nawa, sa bawat pag uwi dala ay tagumpay karangalan at kasiyahan.*  
”





# *Ikapitong Simbang Gabi*



“

*Katulad ng awit ng magnificat ni Maria, ito ay awit ng papuri sa mga pagpapalang natanggap, awit ng katarungan para pantay pantay ang tao sa lipunan at awit din ng pamamatnubay at gabay kapag tayo ay mayroon ng hilahil at hirap na nararanasan.*

”



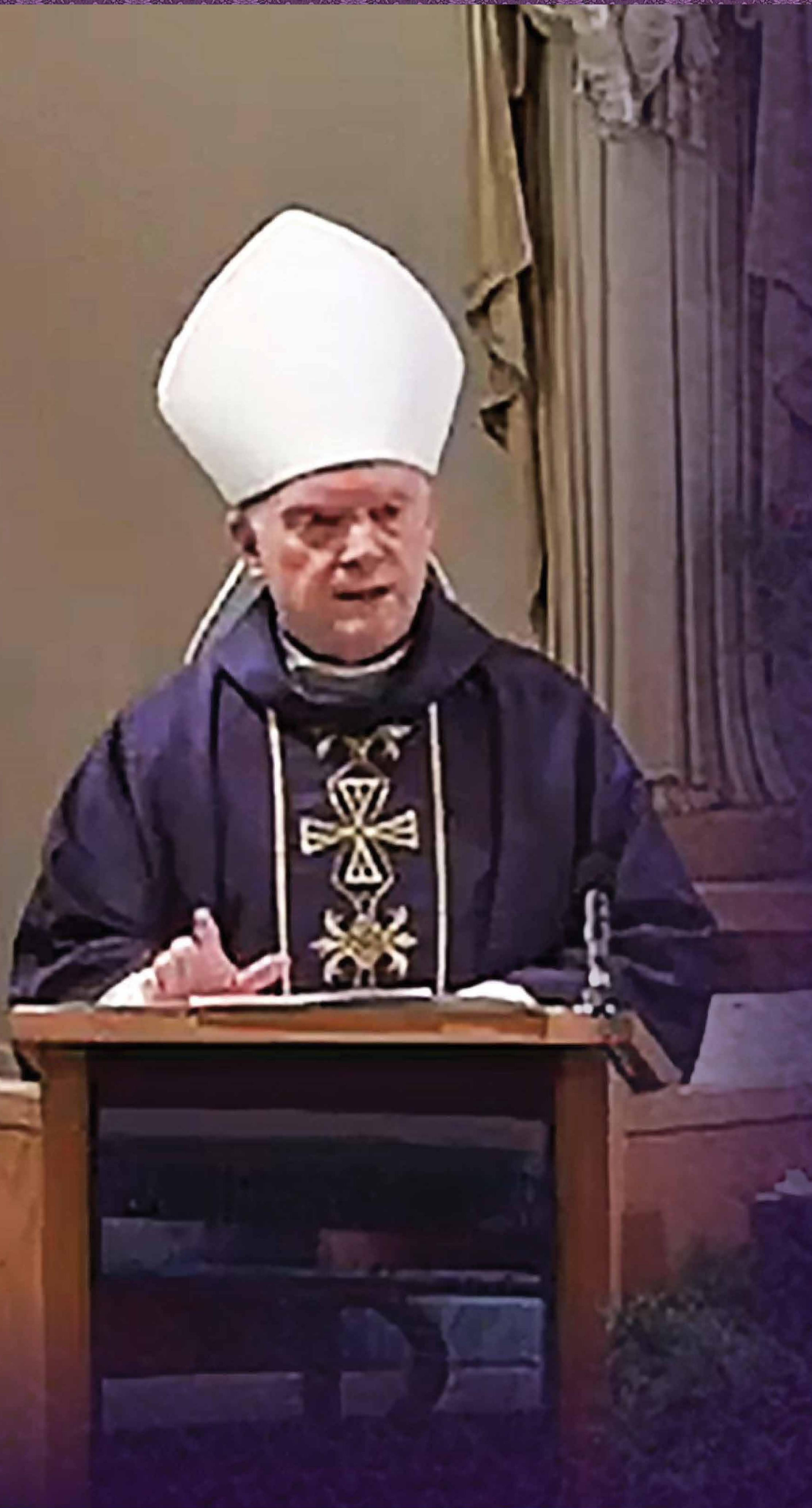
★★★★★ *Ikaanim na Simbang Gabi* ★★★★★



“  
*Ang naisin ng Panginoon,  
mapagtanto natin ang  
mga biyaya at pagpapala  
na mayroon tayo at ating  
patuloy na tinatanggap  
at mula sa pagkakatanto  
nito, matuto tayong  
magpasalamat sa pinag  
mumulan nito. Gayundin,  
maging likas sa ating  
pagkatao ang maglingkod  
at magbahagi sa iba.*  
”




★★★★★ *Ikalimang Simbang Gabi* ★★★★★



“  
*We can be tempted continually to try living to make ourselves happy, to maximize our comfort even to get away on whatever we can... On the contrary, if we live the imitation of Christ and place ourselves at the service of others, offering them what they need from us, such as our patience, understanding and more forgiveness then we find light, peace and joy.*  
”





*We too, like Mary and Elizabeth rejoice for the gift of being commissioned by God, to be instrument of his plan of salvation. We too, are capable of living in joy and rejoicing because we know and are able to see and appreciate God's constant goodness to us his children.*

*We too, can be a blessing for others if we, like Mary and Elizabeth would only realize and take time how much God and his love and generosity unceasingly bless us.*

★★★★★ *Ikaapat na Simbang Gabi* ★★★★★



“  
*Ang halaga ng pasko  
bagama't may problema,  
ang kwento ng misteryo  
ay mapaglalampanan  
natin ito dahil bawat  
isa ay may halaga kung  
ano ang sinasabing  
kapatiran, pag babahagi  
kahit papaano ng kung  
anong meron tayo para  
sa kanilang lahat.*  
”





“  
*Mababatid natin na akma sa  
kalooban ng Diyos ang landas  
na ating tinatahak kung tayo  
ay patuloy na nagtitiwala at  
nananalig na kasa kasama  
natin ang Diyos sa ating  
paglalakbay. Emanuel, kasa  
kasama natin ang Diyos at  
lagi nating isaalang-alang  
ang kung ano ang higit  
na makakapag dulot ng  
kabutihan at kagandahan sa  
lahat hindi lamang sa sarili.*  
”



★ ★ ★ ★ ★ *Ikalawang Simbang Gabi* ★ ★ ★ ★ ★



“  
*Lahat tayo ay may pinagdaraan... Pero sa huli, bilang Pilipino, isa lamang ang mahalaga kapag hindi na natin kaya, mayroon tayong Diyos at kapag Diyos na ang gumagawa kahit mahirap nalalampasan natin dahil ang halaga ng salinlahi ay patunay na kailanman hinding-hindi tayo papabayaang ng Poong Maykapal.*  
”

# ★ ★ ★ ★ ★ *Unang Simbang Gabi* ★ ★ ★ ★ ★



“  
*Ang mga dekorasyon sa ating paligid, ang mga awiting pamasko, ang mga ngiti ay lumilikha ng masasayang himig ng pananabik. Ito ay maituturing na panlabas na paghahanda ngunit ang pinakamahalaga ay ang ating mga kalooban, ang paghahangad na tanggapin si Hesus at gawin siyang sentro ng ating buhay.*  
”






*What will happen  
if we do this?*

*We will then rejoice to  
the Lord always, we will  
have no anxiety at all,  
we will give thanks  
to the Lord in everything  
so that the peace of  
Christ which surpass and  
all the understanding  
will be ours.*

*We all want this,  
don't we?*





*We are invited to be alert,  
be on guard which mean  
we need to be attented to  
the many ways the Lord  
appears to us here and  
now and we can only find  
ourselves ready and alert  
for the second coming of  
the Lord **if at present we  
are alert, we are on guard  
and we are sensitive  
to the many ways he  
presents himself to us.***

