

*"My house shall be a house of prayer, says the Lord:  
in that house, every one who asks receives,  
and the one who seeks finds,  
and to the one who knocks, the door will be opened."*

(Communion Antiphon, For the Dedication of a Church)



# Sacred Heart Cathedral

Roman Catholic Diocese of Prince George

📍 887 Patricia Boulevard, Prince George, BC V2L 3V5  
 🌐 [www.shcpg.ca](http://www.shcpg.ca) ✉ [secretary@shcpg.ca](mailto:secretary@shcpg.ca) ☎ 250-564-5225



For your requests and inquiries, please contact the parish office

## SUNDAY

9:00 AM | Mass  
 11:00 AM | Mass  
 \*5:30 PM | 3<sup>rd</sup> Sunday  
 Filipino Mass

## MONDAY

**Office Closed**  
 12:10 PM | Mass

## TUESDAY - FRIDAY

**10:00 AM – 2:00 PM | Office Hours**  
 12:10 PM | Mass

## SATURDAY

9:00 AM | Mass  
 5:30 PM | Vigil Mass

📺 **LIVE** @cathedralpg 📻 FM Radio 102.5

## CONFESSIONS

TUE - FRI	SAT	SUN
11:45 AM	8:45 AM	8:30 AM
	4:45 PM	10:30 AM

## EXPOSITION AND ADORATION OF THE BLESSED SACRAMENT

FIRST FRIDAY	EVERY FRIDAY
<i>B E F O R E</i>	<i>M A S S</i>
11:00 AM	11:30 AM

## LITURGY OF THE HOURS

SATURDAY	SUNDAY
Evening Prayer I	Morning Prayer
5:10 PM	8:40 AM
	Evening Prayer II
	(3 <sup>rd</sup> Sunday)
	5:15 PM

## CLERGY AND STAFF

**Bishop :** Most Reverend Stephen Jensen  
**Rector:** Very Reverend Rectorino M. Tolentino, Jr.  
**Pastoral/Administrative Assistant:** Mr. Juan Miguel Reyes  
**Bookkeeper:** Ms. Rachelle Delorey  
**Maintenance:** Mr. Ed Zastre  
**Custodian:** Mr. Jun Roallos

**Sacred Heart Cathedral** is both a parish and the seat of the Diocese of Prince George. It was built in 1960 and was solemnly consecrated on April 5, 1961. The latest sanctuary renovation was originally initiated in 2018 and has reached its completion early in the year 2021.



# Feast, The Exaltation of the Holy Cross

September 14, 2025

"For God so loved the world that he gave his only-begotten Son..."

John 3.13-17



## Mass Schedule / Intentions

Mon.	Sep 15	12:10 PM	Josef Lipoczky, RIP
Tue.	Sep 16	12:10 PM	Josef Lipoczky, RIP
Wed.	Sep 17	12:10 PM	Josef Lipoczky, RIP
Thu.	Sep 18	12:10 PM	George LeFebvre, God's mercy, grace, protection & blessings
Fri.	Sep 19	12:10 PM	Theo Smaaslet, INT
Sat	Sep 20	9:00 AM	Philip Babaeff, INT
		5:30 PM	
Sun.	Sep 21	9:00 AM	Antonio Rebello & Neil Husband, RIP
		11:00 AM	Josiah LeFebvre, God's mercy, grace, p & b...

## COLLECTION

Sept. 6-7, 2025

\$5,043.75

General.....\$4,363.75  
Thru Tap.....\$113.00  
Building/Roof Fund.....\$475.00  
School/Guardian Angel.....\$205.00

## THANK YOU

for your constant support and  
generosity to the needs  
and ministries of our parish.



## Grief to Grace Retreat – October 2025

Grief to Grace helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors, find healing and journey to wholeness. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is **late October 2025** in Kelowna. For more information please email [griegtograncelowna@gmail.com](mailto:griegtograncelowna@gmail.com) or make a confidential call to 250-808-6403.

## Invitation to Rachel's Vineyard Healing Retreat

Find calm for your mind and peace for your soul.

If you have been impacted by an abortion experience, please come to our Weekend Retreat from November 14-16 in Prince George.

CONFIDENTIALITY ASSURED

Now accepting applications.

Contact Adele

Email: [rachelsvineyardpg@proton.me](mailto:rachelsvineyardpg@proton.me)

Call/Text 778-675-0152



**EXALTATION OF LOVE | The Word of the Lord with Fr. Rector | Feast, The Exaltation of the Holy Cross, Year C**

This YouTube channel: [THE WORD OF THE LORD WITH FR. RECTOR](#)—reflection on the Sunday Gospel reading aims to assist parishioners and viewers to prepare for Sunday Mass.



## INTO THE BREACH

Join us as we watch and discuss Into the Breach. We'll learn how to be stronger fathers, better husbands and men fit for the breach. Sessions take place in the Sacred Heart Cathedral lower hall, beginning on Thursday, September 18<sup>th</sup> at 7:00 PM.

+ + +

**INTERNATIONAL ROSARY**—Let us pray together. Please join.

Monday, September 15<sup>th</sup>, 2025, 7:00 PM, Sacred Heart Cathedral to be led by Knights of Columbus Councils in Prince George

## FOR THOSE WHO WILL NOT FIND THEIR APPEAL ENVELOPES IN THE FOYER THIS WEEKEND:

If in case you will not find your Appeal Envelope in the foyer this weekend, please let one of the greeters know so that we can prepare one for you. You will receive it next weekend. **OR if you prefer**, you can also take one of the blank envelopes provided.



## **CALLED TOGETHER: GIVING, SHARING, SERVING 2025-26**

Today, along with all the other parishes and missions throughout the diocese, we kick-off the **Annual Diocesan Appeal: "Called Together – Giving, Sharing, Serving."**

As we begin our Appeal Year, we continue to celebrate the **Jubilee Year of 2025 –Pilgrims of Hope**—during which we are called to reflect on our pilgrimage of faith together.

Our appeal is one of the ways in which we journey together. Your support helps those smaller parishes, missions and ministries throughout the whole diocese that need assistance along the way and it is an important way in which you can practice stewardship and participate in the mission of the Church.

Each parish is encouraged to support the appeal because it raises funds for much-needed projects within your own parish. Every dollar raised above the parish's share of the diocesan goal is returned to the parish for important projects and unmet needs.

The diocesan goal continues to be \$300,000 this year, still far short of the usual \$400,000 we need to provide full support to help those smaller parishes and missions and various ministries in every part of the diocese which continue to face ongoing challenges for which our support is greatly needed.

**Our Parish Goal is: \$33,894 of which \$ 30,813 goes to support ministries throughout the diocese and \$ 3,081 goes to important projects within our parish.**

We thank you for your continued generous support!

## **SACRAMENTAL PREPARATION**

### **SACRAMENTAL PREPARATION—REGISTRATION RECONCILIATION, FIRST COMMUNION AND CONFIRMATION**

Attention all parents who have children in Grade 2 and Grade 6 this school year. REGISTRATION for sacramental preparation is now open. Please contact the parish office *via* e-mail to register

[secretary@shcpg.ca](mailto:secretary@shcpg.ca) with subject line sacramental preparation.

For your guidance:

- Gr. 2 (age 8 and up) - Reconciliation and Eucharist
- Gr. 6 (age 12 and up) - Confirmation

The catechism session with Fr. Rector will begin next month, October 2025. It is held twice a month on Sunday afternoon. The first session will be a combined session and meeting with parents and children present. The date for that first meeting is on Sunday, October 5, 1:30 PM.



### **LIFE CHAIN—OCTOBER 5, 2025**

This year's Life Chain in Prince George will take place on October 5, 2025 from 2:00 PM to 3:30 PM, on the paved walkway

by HWY 16 and Ferry Avenue.

Sacred Heart School re-opened for classes on Wednesday, September 3. It was delightful to see all those who were returning and the new families who joined us. Welcome all!



There was a well-attended Meet-the-Teacher event during our first week. It was lovely to meet the new and returning parents.

The opening School Mass was led by staff members on Friday, September 5. Thank you to Fr. Mike who was our celebrant.

The first sports program is x-country running. This kicked off last week. We are in training for the x-country meet at I.C. School which is planned for October 1.

The PSG hosted a BBQ on Friday, September 12 at 2:30 p.m. This was also a Panther Shirt Spirit Day. Sincere thanks to all who volunteered for this well-attended event. We are most grateful!

DAILY READINGS	Mon., Sep 15	Tue., Sep 16	Wed., Sep 17	Thu., Sep 18	Fri., Sep 19	Sat., Sep 20	Sun., Sep 21
1 <sup>st</sup> Reading	Hebrews 5.7-9	1 Timothy 3.1-13	1 Timothy 3.14-16	1 Timothy 4.12-16	1 Timothy 6.-2c-12	1 Timothy 6.13-16	Amos 8.4-7
R. Psalm	Ps. 31	Ps. 101	Ps. 111	Ps. 111	Ps. 49	Ps. 100	Ps. 113
2 <sup>nd</sup> Reading							1 Timothy 2.1-7++
Gospel	John 19.25-27	Luke 7.11-17	Luke 7.31-35	Luke 7.36-50	Luke 8.1-3	Luke 8.4-15	Luke 16.1-13





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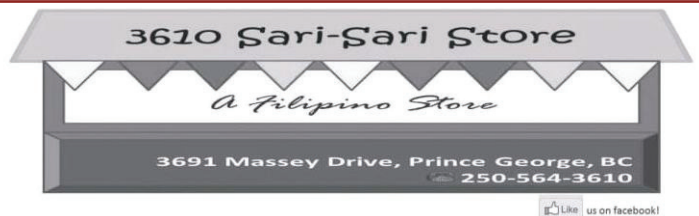
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