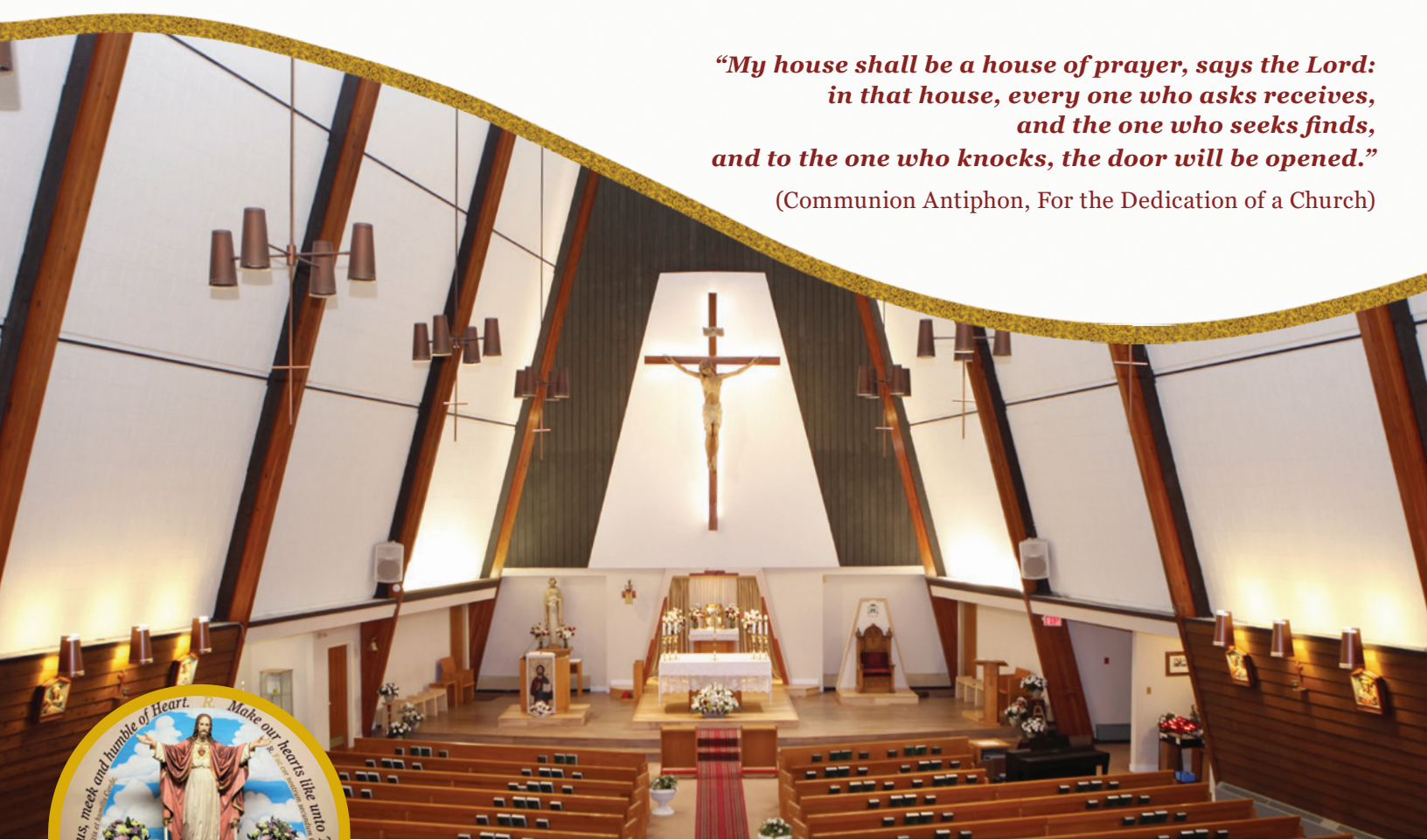


*“My house shall be a house of prayer, says the Lord:  
in that house, every one who asks receives,  
and the one who seeks finds,  
and to the one who knocks, the door will be opened.”*

(Communion Antiphon, For the Dedication of a Church)



# Sacred Heart Cathedral

Roman Catholic Diocese of Prince George

📍 887 Patricia Boulevard, Prince George, BC V2L 3V5  
 🌐 [www.shcpg.ca](http://www.shcpg.ca) ✉ [secretary@shcpg.ca](mailto:secretary@shcpg.ca) ☎ 250-564-5225

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For your requests and inquiries, please contact the parish office

## SUNDAY

9:00 AM | Mass  
 11:00 AM | Mass  
 \*5:30 PM | 3<sup>rd</sup> Sunday  
 Filipino Mass

## MONDAY

**Office Closed**  
 12:10 PM | Mass

## TUESDAY - FRIDAY

**10:00 AM – 2:00 PM | Office Hours**  
 12:10 PM | Mass

## SATURDAY

9:00 AM | Mass  
 5:30 PM | Vigil Mass

📺 **LIVE** @cathedralpg 📻 FM Radio 102.5

## EXPOSITION AND ADORATION OF THE BLESSED SACRAMENT

**FIRST FRIDAY EVERY FRIDAY**  
*B E F O R E M A S S*  
 11:00 AM 11:30 AM

## LITURGY OF THE HOURS

**SATURDAY SUNDAY**  
 Evening Prayer I | Morning Prayer  
 5:10 PM 8:40 AM  
 Evening Prayer II  
 (3<sup>rd</sup> Sunday)  
 5:15 PM

## CONFESSIONS

**TUE - FRI SAT SUN**  
 11:45 AM 8:45 AM 8:30 AM  
 4:45 PM 10:30 AM

## CLERGY AND STAFF

**Bishop :** Most Reverend Stephen Jensen  
**Rector:** Very Reverend Rectorino M. Tolentino, Jr.  
**Pastoral/Administrative Assistant:** Mr. Juan Miguel Reyes  
**Bookkeeper:** Ms. Rachelle Delorey  
**Maintenance:** Mr. Ed Zastre  
**Custodian:** Mr. Jun Roallos

**Sacred Heart Cathedral** is both a parish and the seat of the Diocese of Prince George. It was built in 1960 and was solemnly consecrated on April 5, 1961. The latest sanctuary renovation was originally initiated in 2018 and has reached its completion early in the year 2021.

# Fifth Sunday in Ordinary Time, Year A

February 8, 2026

*You are the light of the world.*

*Matthew 5.13-16*

<i>Mass Schedule / Intentions</i>			
Mon.	Feb 9	12:10 PM	
Tue.	Feb 10	12:10 PM	
Wed.	Feb 11	12:10 PM	
Thu.	Feb 12	12:10 PM	Private   Lorna Josefchuk, RIP
Fri.	Feb 13	12:10 PM	
Sat	Feb 14	9:00 AM	
		5:30 PM	
Sun.	Feb 15	9:00 AM	Lucia Rezendes, RIP
		11:00 AM	Nicholas Pfannmuller, INT; Ernesto & Maria do Carmo Mendonca, RIP

<b>COLLECTION</b>	
<b>Jan 30-Feb 1, 2026</b>	
<b>\$5,919.70</b>	
General.....	\$5,379.70
Thru Tap.....	\$150.00
Building Fund.....	\$235.00
Guardian Angel.....	\$135.00
Initial Offering.....	\$10.00
Sol. Of Mary.....	\$10.00
<b>THANK YOU</b>	
<i>for your constant support and generosity to the needs and ministries of our parish.</i>	



### WORLD DAY OF THE SICK

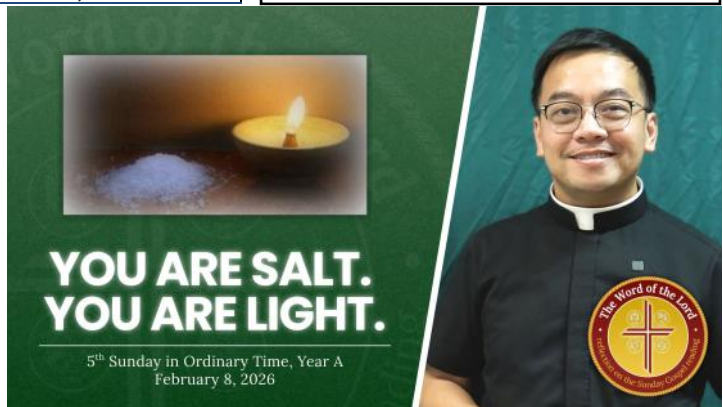
The ministry of Jesus to the sick is central to the life of the Church. February 11 (Memorial of Our Lady of Lourdes) highlights the healing ministry of the Church. It reminds us that service to the sick and suffering cannot be neglected. It recognizes the great efforts of doctors, nurses, health care institutions and pastoral care givers to restore health to those afflicted with illness and disease.

If you know of anyone who will benefit from celebrating the Sacrament of the Anointing of the Sick, please let Fr. Rector know and he will make personal arrangement to visit and administer the Sacrament.

To read the Holy Father's message on this World Day of the Sick, search the following on your browser:

[MESSAGE OF POPE LEO XIV FOR THE 34th WORLD DAY OF THE SICK 2026 11 February 2026](#)

[The compassion of the Samaritan: loving by bearing another's pain](#)



[YOU ARE SALT. YOU ARE LIGHT | The Word of the Lord with Fr. Rector | Fifth Sunday in Ordinary Time, Year A](#)

This YouTube channel: [THE WORD OF THE LORD WITH FR. RECTOR](#)—reflection on the Sunday Gospel reading aims to assist parishioners and viewers to prepare for Sunday Mass.

### 2025 CHARITABLE DONATION RECEIPTS

Your 2025 charitable donation receipts for tax purposes will be made towards the end of this month.



For those of you who had given the parish your e-mail address, your "2025 charitable donation receipt" will be sent directly to your INBOX.

**HOUSE RENTAL:** The cathedral is looking for renters. Please contact parish office for more details.

SACRED HEART PRESENTS  
14<sup>TH</sup> ANNUAL  
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GALA**  
AT THE RAMADA HOTEL

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CASH!

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RAMADA

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school office (250) 563- 5201

### Monthly Day of Eucharistic Adoration

Emmanuel Hermitage invites you to a Personal Date with Jesus on **Wednesday February 11th, 2026** on the new location at the **Vianney Chapel, 6700 Southridge Ave**, the corner of Southridge and Marleau, (next door to the Domano Chapel). We will use the same parking lot as before.

Mass will be celebrated at 7:30 AM and the Blessed Sacrament will be exposed from **8:00 AM to 6:00 PM** for a day of silent prayer and adoration. We will pray for the universal Church and the world, for our Bishop and Priests, and for the people and needs of our Diocese. In particular we will pray for the protection of all human life, for all the sick, for vocations, for Peace in our world, and for the intentions of those participating in the day.

Please, mark your calendar on the **SECOND WEDNESDAY** of each month for Personal Date with Jesus days.

Catholic Education Week took place from February 2-8, 2026. The highlight was the annual Mass attended by our three P.G. Catholic Schools on February 6 at S.H. Cathedral. It was a joyful celebration with Bishop Jensen as the chief celebrant. Thank you to all the congregation and to those who provided the ministries at this Mass.



We are most grateful to our wonderful P.S.G. for the delicious lunch provided to the school staff during Catholic Education Week. We appreciated it!

Mr. Boechler did a superb job organizing the Winter Olympics event last week. Though some adjustments had to be made to accommodate the lack of snow, it was a day of fun and games enjoyed by all the participants.

Thank you to Fr. Alvin who visited S.H.S. to continue the tradition of the blessing of throats on the Feast of St. Blaise.

The primary students will celebrate St. Valentine's Day with a rotation of seasonal activities this coming week. A "Red & Pink Spirit Day" is planned for February 13.

Many of the students will attend a hockey game at the Kopar Arena in the days ahead.

The REAPS organization will visit Kindergarten students to focus on "Cycles & Recycles" as part of our ongoing environmental education activities.

## SACRAMENTAL PREPARATION

### RECONCILIATION, FIRST COMMUNION, AND CONFIRMATION

The dates for the catechism session with Fr. Rector for the month of March will be on Sunday, March 1<sup>st</sup> and 8<sup>th</sup>, 2026.

**For your guidance:**

**1:30 PM** | Gr. 2 (age 8 and up) - Reconciliation & Eucharist

**2:30 PM** | Gr. 6 (age 12 and up) - Confirmation

The celebration of the Sacraments will be on:

Saturday, May 9 - Sacrament of Reconciliation

Sunday, May 10, Sacrament of the Holy Eucharist (*First Communion*)

Sunday, May 24, Sacrament of Confirmation

DAILY READINGS	Mon., Feb 9	Tue., Feb 10	Wed., Feb 11	Thu., Feb 12	Fri., Feb 13	Sat., Feb 14	Sun., Feb 15
1 <sup>st</sup> Reading	1 Kings 8.1-7, 9-13	1 Kings 8.22-23, 27-30	1 Kings 10.1-10	1 Kings 11.4-13	1 Kings 11.29-32; 12.19	1 Kings 12.26-32; 13.33-34	Sirach 15.15-20
R. Psalm	Ps. 132	Ps. 84	Ps. 37	Ps 105	Ps. 81	Ps. 106	Ps. 119
2 <sup>nd</sup> Reading							1 Cor. 2.6-10
Gospel	Mark 6.53-56	Mark 7.1-13	Mark 7.14-23	Mark 7.24-30	Mark 7.31-37	Mark 8.1-10	Matthew 5.17-37

THE CATHOLIC WOMEN'S LEAGUE OF CANADA

For information on League activities and meetings call the Parish Office



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