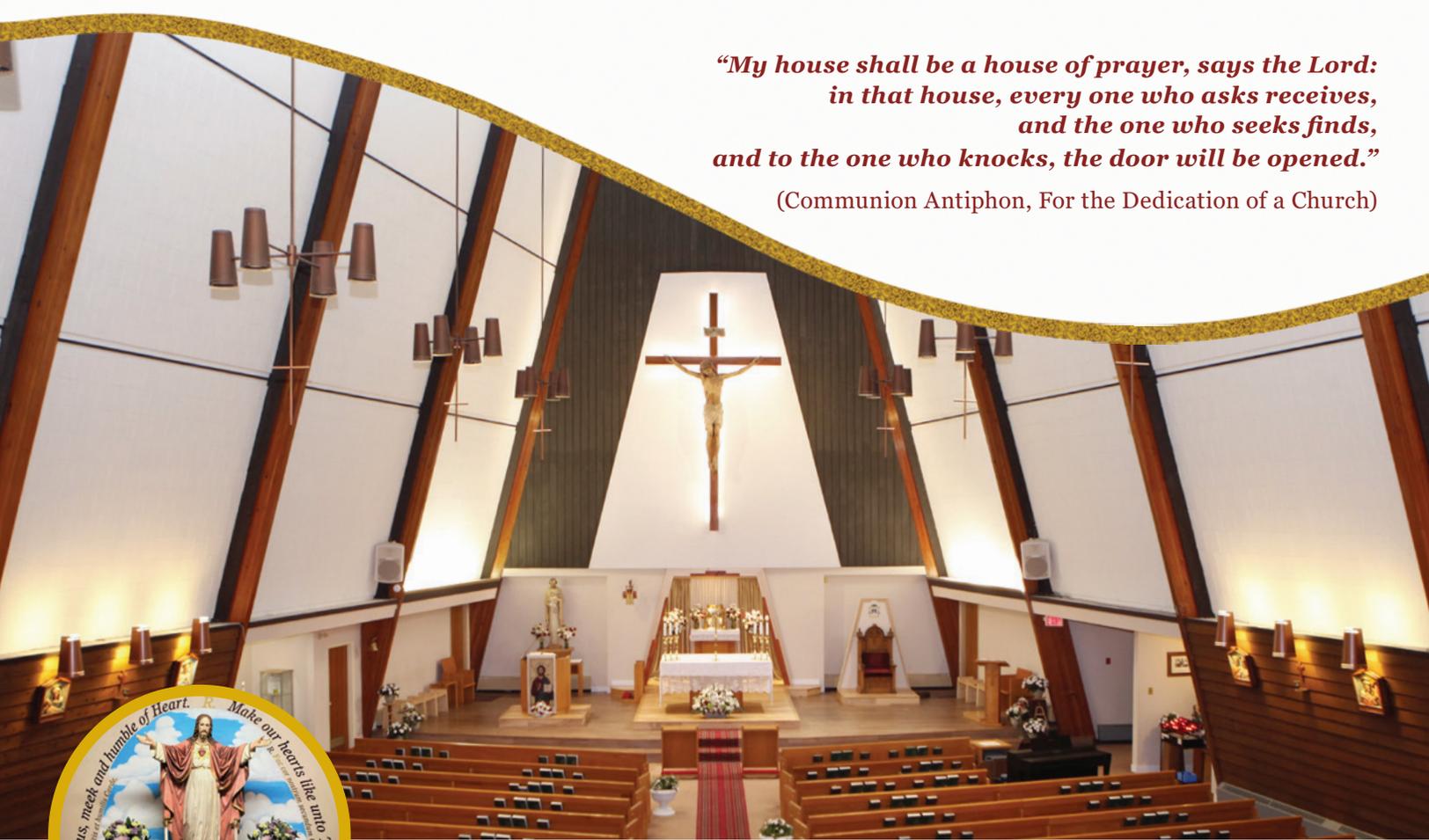


*“My house shall be a house of prayer, says the Lord:
in that house, every one who asks receives,
and the one who seeks finds,
and to the one who knocks, the door will be opened.”*

(Communion Antiphon, For the Dedication of a Church)



Sacred Heart Cathedral

Roman Catholic Diocese of Prince George

📍 887 Patricia Boulevard, Prince George, BC V2L 3V5
 🌐 www.shcpg.ca ✉ secretary@shcpg.ca ☎ 250-564-5225

to donate
scan me with your smart phone



For your requests and inquiries, please contact the parish office

SUNDAY

9:00 AM | Mass
 11:00 AM | Mass
 *5:30 PM | 3rd Sunday
 Filipino Mass

MONDAY

Office Closed
 12:10 PM | Mass

TUESDAY - FRIDAY

10:00 AM – 2:00 PM | Office Hours
 12:10 PM | Mass

SATURDAY

9:00 AM | Mass
 5:30 PM | Vigil Mass

📺 **LIVE** @cathedralpg 📻 FM Radio 102.5

EXPOSITION AND ADORATION OF THE BLESSED SACRAMENT

FIRST FRIDAY EVERY FRIDAY
B E F O R E M A S S
 11:00 AM 11:30 AM

LITURGY OF THE HOURS

SATURDAY SUNDAY
 Evening Prayer I | Morning Prayer
 5:10 PM 8:40 AM
 Evening Prayer II
 (3rd Sunday)
 5:15 PM

CONFESSIONS

TUE - FRI SAT SUN
 11:45 AM 8:45 AM 8:30 AM
 4:45 PM 10:30 AM

CLERGY AND STAFF

Bishop : Most Reverend Stephen Jensen
Rector: Very Reverend Rectorino M. Tolentino, Jr.
Pastoral/Administrative Assistant: Mr. Juan Miguel Reyes
Bookkeeper: Ms. Rachelle Delorey
Maintenance: Mr. Ed Zastre
Custodian: Mr. Jun Roallos

Sacred Heart Cathedral is both a parish and the seat of the Diocese of Prince George. It was built in 1960 and was solemnly consecrated on April 5, 1961. The latest sanctuary renovation was originally initiated in 2018 and has reached its completion early in the year 2021.

First Sunday of Lent, Year A

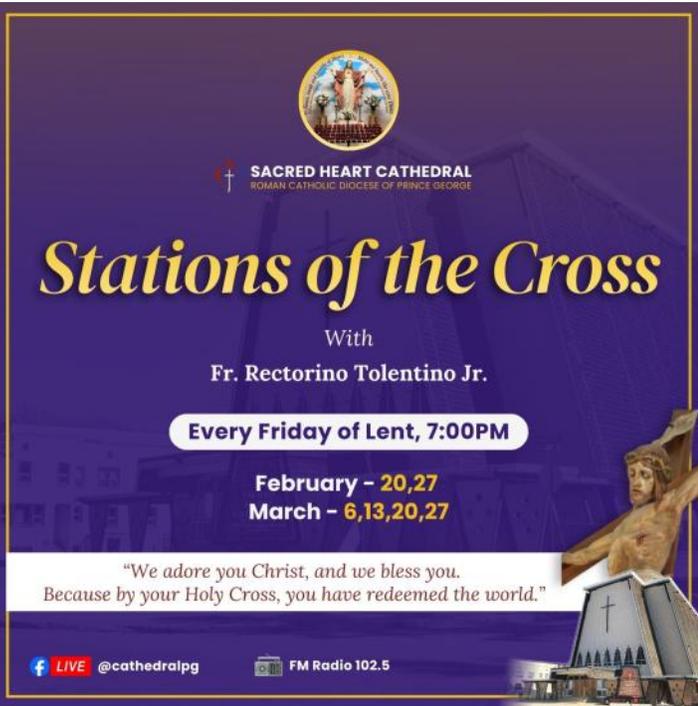
February 22, 2026

Jesus fasted forty days, and was put to the test.

Matthew 4.1-11

<i>Mass Schedule / Intentions</i>			
Mon.	Feb 23	12:10 PM	Souls in purgatory
Tue.	Feb 24	12:10 PM	Souls in purgatory
Wed.	Feb 25	12:10 PM	Souls in purgatory
Thu.	Feb 26	12:10 PM	Private
Fri.	Feb 27	12:10 PM	Souls in purgatory
Sat	Feb 28	9:00 AM	Souls in purgatory
		5:30 PM	
Sun.	Mar 1	9:00 AM	Lydia Prazma, RIP
		11:00 AM	Domini Garcia & Family, God's mercy...

COLLECTION	
Feb 14-15, 2026	
\$4,139.55	
General.....	\$3,911.55
Thru Tap.....	\$213.00
Guardian Angel.....	\$5.00
Catholic Missions.....	\$10.00
THANK YOU	
<i>for your constant support and generosity to the needs and ministries of our parish.</i>	



SACRED HEART CATHEDRAL
ROMAN CATHOLIC DIOCESE OF PRINCE GEORGE

Stations of the Cross

With
Fr. Rectorino Tolentino Jr.

Every Friday of Lent, 7:00PM

February - 20,27
March - 6,13,20,27

"We adore you Christ, and we bless you.
Because by your Holy Cross, you have redeemed the world."

LIVE @cathedraipg FM Radio 102.5



TEMPTED, BUT NOT OVERCOME

1st Sunday of Lent, Year A
February 22, 2026

TEMPTED, BUT NOT OVERCOME | The Word of the Lord with Fr. Rector | First Sunday of Lent, Year A

This YouTube channel: **THE WORD OF THE LORD WITH FR. RECTOR**—reflection on the Sunday Gospel reading aims to assist parishioners and viewers to prepare for Sunday Mass.

SACRAMENTAL PREPARATION

RECONCILIATION, FIRST COMMUNION, AND CONFIRMATION

The dates for the catechism session with Fr. Rector for the month of March will be on Sunday, March 1st and 8th, 2026.

For your guidance:

1:30 PM | Gr. 2 (age 8 and up) - Reconciliation & Eucharist

2:30 PM | Gr. 6 (age 12 and up) - Confirmation

The celebration of the Sacraments will be on:

Saturday, May 9 - Sac. of Reconciliation | Sunday, May 10, Sac. of the Holy Eucharist (*First Communion*)

Saturday, May 23, Family Retreat & Rehearsal | Sunday, May 24, Sacrament of Confirmation

2025 CHARITABLE DONATION RECEIPTS

Your 2025 charitable donation receipts for tax purposes will be made towards the end of this month.



For those of you who had given the parish your e-mail address, your "2025 charitable donation receipt" will be sent directly to your INBOX.



EXPOSITION, ADORATION OF THE BLESSED SACRAMENT AND CONFESSIONS

Every Friday this Lenten Season the Exposition of the Blessed Sacrament will begin at 11:00 AM and everyone is invited to spend time in adoration. A priest is also available for confessions beginning at 11:30 AM.

DYC 2026
Diocesan Youth Conference

TOTUS TUUS

MAY 15 - 17
Sacred Heart Cathedral
Prince George
For Grades 7 - 12

Early Bird Fee: \$75
Regular: \$100
Early Bird Ends March 16

Scan for Registration!

Special Guests
Grace and Donny McGeragle
The Benedictines of Westminster Abbey
Music Ministry: CFC Youth

Register at: <https://www.pgdiocese.bc.ca/diocesan-youth-conference/>
For more info email dyc@pgdiocese.ca

Statement by the CCCB Permanent Council in support of Bill C-218



On February 4, 2026 The CCCB Permanent Council issued a public statement in support of Private Member's Bill C-218, which seeks to prevent persons whose sole condition is mental illness from accessing euthanasia ("MAiD"). Bill C-218 is expected to proceed to second reading in the House of Commons in early March 2026.

TO READ THE STATEMENT, please search online: ["STATEMENT BY THE PERMANENT COUNCIL In Support of Bill C-218: "An Act to amend the Criminal Code \(Medical Assistance in Dying\)"](#)

Right to Life Society March Prayer Vigil



Please join with us at our next Right to Life Society Prayer Vigil which will be held on Sunday, March 1, from 2:00-3:00 PM at the intersection of Ferry Avenue and Hwy 16W. Your support and your presence send a clear message to those who are driving by that all human life, at every stage, is precious and deserves our protection.

Our Intermediate students experienced Aboriginal Games in the school gym last week. Thank you to Mr. Boechler for organizing this event.



The Grade 3/4 and 6/7 students will travel to the Hart Highlands for downhill skiing this coming week. Grades 4/5 and 5/6 will follow the next day. Good luck to all the participants.

Student-Led Learning Updates are planned for the coming week. Each student will lead family members through stations which will focus on the learning which has taken place this year. We know our school families will be impressed. To facilitate this event, there will be early dismissal on Thursday, February 26 at 11:30 am and no classes on Friday, February 27.

Pink Shirt Day will be marked at Sacred Heart School on February 25. On this day we will focus on strategies for dealing with challenging situations.

DAILY READINGS	Mon., Feb 23	Tue., Feb 24	Wed., Feb 25	Thu., Feb 26	Fri., Feb 27	Sat., Feb 28	Sun., Mar 1
1 st Reading	Leviticus 19.1-2,11-18	Isaiah 55.10-11	Jonah 3.1-10	Esther 14.1,3-5-12-14	Ezekiel 18.21-28	Deuteronomy 26.16-19	Genesis 12.1-4
R. Psalm	Ps. 19	Ps. 34	Ps. 51	Ps. 138	Ps. 130	Ps. 119	Ps. 33
2 nd Reading							2 Tim 1.8b-10
Gospel	Matt 25.31-46	Matt 6.7-15	Luke 11.29-32	Matt 7.7-12	Matt 5.20-26	Matt 5.43-48	Matthew 17.1-9

THE CATHOLIC WOMEN'S LEAGUE OF CANADA

For information on League activities and meetings call the Parish Office



PLEASURES ADVERTISERS



KNIGHTS OF COLUMBUS SACRED HEART COUNCIL 8927

Grand Knight, Michal Stankiewicz

647-573-6616 | kofc8927@gmail.com.

887 Patricia Blvd. Prince George, BC V2L 3V5

3610 Sari-Sari Store
A Filipino Store
3691 Massey Drive, Prince George, BC
250-564-3610

Like us on facebook!

RICE BOWL
More than just a Food Truck, we offer other services:

- Catering
- Events
- Wedding

Orders and inquiries, scan our QR code

Ave Maria GIFTS AND SPECIALTIES
1638 20th AVE. PRINCE GEORGE BC V2L4B6
PHONE 250-563-6388

HEALTHY PRODUCTS FOR BODY MIND & SOUL

Edward Jones

I'm not just a financial advisor, I'm also your neighbour.

Chris Velasco
Financial Advisor
3034 Recplace Drive
Suite 130
Prince George, BC V2N 0G2
250-964-2353

Art Knapp
PLANTLAND HOME & GARDEN
2 Great Locations to Serve You!
www.artknappsg.com

Largest selection of indoor plants, trees and garden supplies in town.

Highway 16 West (250) 964-6056 Open Year Round

Visit "The Loft" at our Hwy 16 West location for unique ladies clothing and accessories.

Hart Highway (250) 562-1711 Open Spring & Summer

Art Alido, Sales Manager, Financial Services Office
P: 250.562.9391 TF: 1.877.562.9391
E: art.alido@woodwheaton.com

HONDA WOOD WHEATON supercentre

2500 Range Road, Prince George, BC V2N 0C3
www.woodwheatonhonda.ca

GREAT WHITE
TOYS • COMICS • GAMES
Cameron Stolz Spruceland 250 563 5299

KRAKEN
Autocare & Paint Protection Film Expert

Robert Ayson
778 983 2888
kraken.autospa@gmail.com
681 Ongman Rd, Prince George

KRAKEN
Autocare & Paint Protection Film Expert

Paint Protection Film Ceramic Coating
Window Tinting Auto Detailing

POWERHOUSE PLAZA
QUALITY RETAILERS

Our care services offered for companion care, home support, respite, personal care and post-hospitalization care.

Better Living Home Care Services
Quality homecare you can trust.

Specialize in:
- dementia care
- alzheimer's care
- mental health care
- palliative and couples care

250-645-2776
outreach@betterlivinghcs.com
services@betterlivinghcs.com
www.betterlivinghcs.com

UNIVERSAL RESTORATION
— A CANSTAR COMPANY —

Prince George – Head Office
3675 Opie Cres. (Ph) 250-612-5177

- Mold & Asbestos Restoration
- Fire, Flood & Odour Restoration
- No charge consultation

Preferred Contractor for the Insurance Industry

Comfort Keepers
Elevating the Human Spirit

Uplifting in-home senior care

Phone 250-649-6101 comfortkeepers.ca/pg

Assman's Funeral Chapel
1908 Queensway, Prince George, BC V2L 1M2
Telephone: 250-564-4431

Every Detail Remembered® | **Dignity** MEMORIAL

greatway FINANCIAL

Florice Roxas
INDEPENDENT INSURANCE BROKER
florice.roxas@mygreatway.ca
Direct: (250)-613-6028
Unit 104 - 3993 Henning Dr Burnaby, BC V5C 6P7

www.greatwayfinancial.co/floriceroxas

Grace Memorial Funeral Home & Crematorium Ltd.
P.O. Box 267, 253 West Stewart St., Vanderhoof, BC V0J 3A0

It is our privilege to serve You.

Independent, Canadian Owned & Operated 24/7
Ph: 250-567-4814 • Fax: 250-567-4813
Toll Free: 866-567-4814 • gracememorialchris@hotmail.com

greatway FINANCIAL

Lailyn Hogan
INDEPENDENT INSURANCE ADVISOR
lailyn.hogan@mygreatway.ca
Direct: (250)-552-4853
Unit 104 - 3993 Henning Dr Burnaby, BC V5C 6P7

www.greatwayfinancial.co/lailynhogan